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# Object Touch by a Humanoid Robot Avatar Induces Haptic Sensation in the Real Hand 

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#### Abstract

Humanoid robot embodiment is a recently developed form of mediated embodiment. In 2 studies, we report and quantify a new haptic (touch) illusion during embodiment of a humanoid robot. Around $60 \%$ of the users in our studies reported haptic sensations in their real hand when they observed their robot avatar touching a curtain with its hand. Critically, our study shows for the first time that users can experience haptic sensations from a nonanthropomorphic embodied limb/agent with visual feedback alone (i.e. no haptic feedback provided). The results have important implications for the understanding of the cognitive processes governing mediated embodiment and the design of avatar scenarios.


Keywords: humanoid robot embodiment, pseudohaptic feedback, virtual synesthesia, sense of embodiment, sense of touch, avatar.
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It is generally assumed that the sensation of touch in mediated embodiment can only be elicited through haptic devices that artificially recreate this sensation. However, previous studies in virtual environments have shown that pseudo haptic sensations can also be induced in individuals by providing them with visual feedback of their avatars "touching" a virtual object in the presence of visuo-movement synchronization between their movements and those of the avatar. These illusory haptic sensations, that are explained by the so-called pseudohaptic feedback model (Lécuyer, 2009) include among others the illusions of stiffness (Lecuyer, Coquillart, Kheddar, Richard, \& Coiffet, 2000; Paljic, Burkhardt, \& Coquillart, 2004), texture (Lécuyer, Burkhardt, \& Etienne, 2004), or mass (Dominjon, Lécuyer, Burkhardt, Richard, \& Richir, 2005) of virtual objects. While the induction of these illusions do not require a haptic device, they do require some actual physical interaction, or touch. Most of the illusion experiments thus utilize a device such as a mouse, a Spaceball, or a joystick (Lécuyer et al., 2000, 2004; Dominjon et al., 2005; Paljic et al., 2004) to provide this interaction.

[^0]That said, few studies in virtual reality report that a visual image of an avatar limb touching and manipulating virtual objects can induce haptic sensations even in the absence of touch. In particular, Biocca and colleagues found that participants reported haptic sensations of physical resistance when a visual image of their hand manipulated a virtual spring in a virtual environment (Biocca, Kim, \& Choi, 2001; Biocca, Inoue, Lee, Polinsky, \& Tang, 2002). More recently, Brogni, Caldwell, and Slater (2011) described an experience of illusory touch in which some participants were able to experience sharpness when they touched sharp objects, but not when they touched smooth ones. Using Augmented Reality, Weir and colleagues (2013) reported an illusion in which some participants experienced a sensation of heating after seeing virtual flames overlaid on their hands. These findings have been suggested as a form of virtual synesthesia, which is characterized by a temporary experience of a sensation (either touch, smell, taste, or sound) that results from stimulating a different sense (most commonly vision) during immersion in a virtual environment (Rogowska, 2011). In a real environment, following the rubber hand illusion paradigm, striking the embodied fake (rubber) hand with a laser pointer beam (Durgin et al., 2007) or stroking it with a brush (Aymerich-Franch, Petit, Kheddar, \& Ganesh, 2016) have been documented to produce tactile sensations in the participant's real hand. However, the visual feedback of the hand in all these studies was always anthropomorphic (i.e. human shape).

In this study, we investigated whether illusory noncontact haptic perception requires visual feedback of an anthropomorphic hand or limb. This question is critical for the development of embodiment and avatar studies with robots. An ability to induce haptic sensations during avatar scenarios is important for improved experience and improved control of the elements manipulated by the avatar, and the importance of corporality defines critical constraints in the design and choice of systems suitable for avatar scenarios. In this regard, it has been suggested that virtual synesthesia may contribute to increase the sense of presence in virtual reality (Biocca, et al., 2001) or be used to manipulate perception in order to compensate for missing components of the perceptual experience (Lederman \& Jones, 2011). To investigate this issue, we used a setup developed by Aymerich-Franch and colleagues for whole-body humanoid robot embodiment (Aymerich-Franch, Petit, Ganesh, \& Kheddar, 2015). Embodiment in robot avatars has emerged as a form of mediated embodiment (Aymerich-Franch, et al. 2015; Aymerich-Franch, Petit, Ganesh, \& Kheddar, 2016; Becker-Asano, Arras, Nebel, \& Ishiguro, 2012; Cohen et al., 2014; Kishore et al., 2014) that follows similar principles to those used in virtual reality to induce a sense of embodiment of the avatar body. In order to elicit a sense of embodiment to the robot body in the current study, we provided participants with a head-mounted display (HMD) that gave them first person visual feedback from the robot perspective. In addition, we provided head and arm movement synchronization between the participant and the robot (see the System for humanoid robot embodiment in our Method section).

While a resemblance of the shape of an artificial limb or body to a human body helps increase the sense of embodiment (Haans, IJsselsteijn, \& de Kort, 2008), previous studies suggest that humans are also able to experience non-human looking avatar and robot bodies as their own (Ahn, et al., 2016; Aymerich-Franch, 2012; Aymerich-Franch et al., 2015, 2016, 2017; Steptoe, Steed, \& Slater, 2013; Won, Bailenson, Lee, \& Lanier, 2015). Thus, we hypothesized that an anthropomorphic limb is not essential for embodiment (Aymerich-Franch \& Ganesh, 2016), and that a non-anthropomorphic limb can induce illusory haptic perceptions provided that a sense of embodiment is induced towards it. Our results support this hypothesis. In particular, we report an illusion in which participants experience a haptic sensation in their hands when they touch an object (a curtain) in the real environment through their embodied robot avatar. In addition to the standard questionnaires, we introduce a new illustrative measure to quantify the sensation the subjects feel. As far as we know, this is the first exhibition of haptic illusions with a avatar with non-anthropomorphic characteristics. In addition, this is the first
study to demonstrate that humans can feel illusory haptic sensations during touch in a real environment (i.e. not virtual) without any haptic stimulation (i.e. without the use of any contact device as in pseudohaptics).

## Method

## Participants

Twenty-two volunteers of different nationalities ( 13 females and 9 males), aged 21-37 ( $\mathrm{M}=28.27$, $\mathrm{SD}=5$ ) took part in Experiment-1, while 14 volunteers of different nationalities ( 5 females and 9 males), aged $20-45(\mathrm{M}=28.71, \mathrm{SD}=8.16)$ took part in Experiment-2. In both studies, one of the participants was left-handed and the rest were right-handed. Participants were recruited through a call for volunteers in a web page created ad-hoc for the experiments, which was allocated in a social network. The volunteers received 1500 JPY (Japanese yen) for their participation. Participants were naive to the purpose of the experiments. We used working in the robotics or the neuroscience fields as exclusion criteria. In addition, we pretested the experiments with five intern master students from our laboratory. All participants gave their written informed consent prior to participating. The study was conducted with ethical approval of the National Institute of Advanced Industrial Science and Technology (AIST) ethics committee.

## System for humanoid robot embodiment

An HRP-2 humanoid robot unit was used as the robot avatar. Each arm of the robot had seven degrees of freedom. A RGB-D (red green blue - depth) camera (Asus XtionPRO live) was mounted on the robot's head, which sent monocular visual feedback to an Oculus Rift head-mounted display (HMD) that the user wore. Sensors integrated in the HMD allowed the tracking of the user's head motion in order to synchronize with the robot's head movement. A second RGB-D camera (similar to the previous one) was used externally to track the user's hand position. Open Natural Interface (OpenNI ${ }^{1}$ ), a vision-based framework to track body and hand motion, was used for this purpose. In our experiment, we only tracked the user's hand position (seven degrees of freedom). The hand tracker was initialized after detecting a waving motion of the user's hand. Once the hand was tracked, we asked participants to place their hand in a position which corresponded to the robot's hand position (see Embodiment induction section). Following that, the user hand motion was mapped on the robot hand (we trigger a tele-presence mode (Kheddar, 2001)). In order to control the robot arm and head together, we used the Stack-of-Task (SoT) controller (Mansard, Stasse, Evrard, \& Kheddar, 2009), which took as input the hand position provided by OpenNI as well as the user's head orientation provided by the HMD. The SoT defines the tasks as state error vectors in the sensory space and projects them in the robot joint space through robot inverse kinematics computations. We used the Robot Operating System (ROS) ${ }^{2}$, a flexible framework for writing robot software, to integrate the HMD, the robot's camera, the SoT and the human hand tracking.

## Embodiment induction

After reading and signing the consent form, we instructed participants to stand in front of the hand-tracking RGB-D camera. They were located at a distance of 4 meters (approx. 13 feet) from the humanoid robot, opposite from it. In order to create the feeling of embodiment, participants wore the HMD, which displayed real-time video feedback from the camera located at the forefront of the robot's head, right above its eyes. The HMD tracked participants' head movement and synchronized it to the robot's head movement. In the synchronous condition, in which the participant


Figure 1 Setup for the synchronous (left) and asynchronous (right) conditions. The participant wears an HMD which displays visual feedback from the robot field-of-view. The participant's arm movement is tracked using the RGB-D camera (Asus XtionPRO live) and synchronized to the robot's arm movement in the synchronous condition. In the asynchronous condition, the RGB-D camera tracking the movement is turned toward the experimenter so that $\mathrm{s} / \mathrm{he}$ can perform the control in place of the user.
controlled the humanoid arm movements, the camera faced the participant so that the participants' arm movement could be tracked and synchronized with the robot's arm movement (Figure 1, left). The first experiment also included an asynchronous condition, where the camera facing the participant was flipped and faced one of the researchers, who performed the control instead (Figure 1, right). Since the participants wore the HMD during the trials, they were unable to see that the researcher was performing the control of the arm, as their vision coincided with that of the robot, and both the participant and the researcher were out of its field of view. In both conditions, participants were instructed to place their arm (either left or right arm, in Experiment-1, and left arm in Experiment-2) creating a $90^{\circ}$ angle between the arm and the forearm, with the elbow next to the hip, and the hand opened. They then looked to the front and waved the arm so the camera could track their movement (they were instructed to do the same in the asynchronous condition, even though the camera was not facing them). Following this, participants looked at the robot's arm and moved it by performing up and down and left and right movements for 30 seconds with their real arm. They were told not to perform sudden movements or drop the real arm during the task. To verify that the embodiment induction process worked, participants responded to the embodiment questionnaire (see Measures section).

## Object exploration

After the embodiment induction procedure, the participants were required to look at a white curtain in front of them (Figure 2) and touch it with the robot arm for 2 minutes. The participants were instructed to use only up-and-down, and left-and-right movements but were free to choose when and which movement they made during the 2 -minute period. For the asynchronous condition in Experiment-1, participants were also told to do the same (but this time the experimenter controlled the movements).

## Measures

We measured the sense of embodiment and the haptic sensation with a questionnaire. In addition, we developed a hand painting measure to further assess the haptic illusory sensation.


Figure 2 Participant's field-of-view during the experiment: The participant was able to see the robot's arm touching the curtain through the HMD, which provides visual feedback from the robot's embedded RGB-D camera.

## Embodiment questionnaire

For Experiment-1, we adapted the embodiment questionnaire from Longo et al. (2008) to measure the sense of embodiment to the robot's arm. The questionnaire consisted of 12 items that participants rated on a 7-point scale that ranged from (1) not at all to (7) very strongly. The scale consisted of four subdimensions:
sense of body ownership (five items), sense of self-location (two items), sense of agency (three items), and sense of touch (two items). We added the last item (sense of touch) given its relevance for the experiment. The reliability was $\alpha=.83$ for the synchronous condition and $\alpha=.89$ for the asynchronous condition.

For Experiment-2, we developed a short-form embodiment questionnaire following previous studies (Aymerich-Franch et al., 2015; Longo et al., 2008) and Experiment-1, to measure the sense of embodiment of the robot's arm. We designed the questionnaire so that participants could complete it verbally during the experience. The questionnaire consisted of four items that participants rated on a 7 -point scale ranging from (1) not at all to (7) very strongly. As in Experiment-1, each item evaluated a different subdimension of embodiment (i.e. sense of body ownership, sense of self-location, sense of agency; Kilteni, Groten, \& Slater, 2012). Moreover, as in the previous experiment, we added an item to examine sense of touch. Reliability was $\alpha=.83$. Appendix A presents the complete list of items for both questionnaires.

## Haptic sensation

Based on preliminary findings, which indicated that subjects reported the sensation of "missing touch" of the curtain as tickling, we assessed the haptic sensation by asking participants to rate whether they experienced real tickling on the fingers that were virtually touching the curtain on a 7-point scale which ranged from (1) not at all to (7) very strongly.

## Hand painting measure

Participants also painted the location in which they experienced the tickling on a paper that graphically represented both sides of a human left hand. They were given three colors - red, orange, and yellow - to
indicate whether the feeling was strong, medium, or mild, respectively. The areas in which they did not experience any sensation were left blank. Also, if they did not experience any sensation at all they left the figure blank. To obtain the final plot (see Figure 6), average mean by areas was calculated from each individual pictorial representation among the participants that experienced the haptic sensation in Experiment-2. We assigned coloring in the individual representation the following number by area: 0 for white, 1 for yellow, 2 for orange, and 3 for red. We obtained the average for each area from the resulting values. In the final plot, white areas represent zones of no sensation reported (overall mean $<0.1$ ), yellow areas represent a mild sensation (overall mean range between 0.1 and 0.4 ), orange areas represent a medium sensation (overall mean range between 0.5 and 0.7 ), and red areas represent a strong sensation (overall mean $\geq 0.8$ ).

## Demographic measures

Participants completed information about age and gender, and about being left- or right-handed.

## Manipulation check

We asked participants in each condition whether the robot arm was synchronized to their movements or not. All participants passed the manipulation check question for all conditions.

## Experiment-1

Experiment-1 was designed to analyze the role of embodiment in inducing the haptic sensation in the human users when touch was actually performed by the humanoid robot. Following previous studies (Gonzalez-Franco, Perez-Marcos, Spanlang, \& Slater, 2010; Sanchez-Vives, Spanlang, Frisoli, Bergamasco, \& Slater, 2010), we included a control condition in which the participant's arm movements were not synchronized to the movement of the robot arm (asynchronous condition) but it still touched the curtain. We expected that the lack of synchrony between the two arms would significantly reduce the embodiment to it, and subsequently affect the touch perception. In other words, this experiment confirmed that the visual feedback of the robot arm alone is not enough to induce the haptic illusion, and that embodiment is essential for it.

We carried out a within-subject experimental design with 14 subjects who experienced two conditions, repeated once for each arm:

- synchronous: the movements of the robot arm were synchronized to those of the participant
- asynchronous: the movements of the robot arm were not synchronized to those of the participant and were controlled by the experimenter instead

Thus in total, the participants experienced four trials/conditions:

$$
(\text { synchronous, asynchronous }) \times(\text { left arm, right arm })
$$

After finishing each condition, the HMD was removed. Participants completed a PC-based questionnaire on sense of embodiment and haptic feedback (see Measures section). After that, they carried out the next condition following the same procedure until completing the four conditions. Half of the participants started with the left arm and the other half started with the right arm. They experienced both conditions (synchronous and asynchronous) before switching to the other arm. The controlled robot hand (i.e. either left or right) always corresponded to the hand they used to control it. We randomized the order for starting with one or the other arm and for experiencing either

Table 1 Mean (SD) for embodiment, its subcomponents, and haptic sensation, for synchronous and asynchronous conditions for Experiment-1

| $\mathrm{n}=22$ | Synchronous | Asynchronous |
| :--- | :--- | :---: |
| Embodiment | $4.81(.99)$ | $2.31(.94)$ |
| Ownership | $4.41(1.23)$ | $2.23(1.23)$ |
| Self-location | $4.59(1.52)$ | $3.06(1.73)$ |
| Agency | $5.98(.85)$ | $2.02(1.21)$ |
| Touch | $4.24(1.75)$ | $2.22(1.3)$ |
| Haptic sensation | $2.52(1.66)$ | $1.57(.92)$ |

synchronous or asynchronous condition first, for each arm. At the end, they answered demographic questions and were also given the possibility to add any comments they might have and were paid for their participation. The haptic sensation was only assessed by questionnaire in the first round of participants. To further understand the nature of the subject experience and reinforce our results, we then developed the new hand painting measure (see Measures section). We ran eight additional participants who, in addition to the procedure mentioned above, completed the hand painting measure after completing each condition. Given that there were no significant differences between left and right arm in the previous participants, these participants completed the two experimental conditions only with the left arm, for being the arm used in the original rubber hand illusion experiment (Botvinick \& Cohen, 1998).

## Results

Table 1 shows mean and SD for embodiment and each subcomponent, as well as for the haptic sensation, for each experimental condition. No significant differences were found for left ( $M=5.14, S D=.87$ ) and right $(\mathrm{M}=5.14, \mathrm{SD}=1)$ arms in the synchronous condition $\left(F(1,13)=.00, p=.979, \eta p^{2}=.00\right)$ or for left $(M=2.35, S D=1.08)$ and right $(M=2.59, S D=1.38)$ arms in the asynchronous condition $\left(F(1,13)=.43, p=.525, \eta p^{2}=.03\right)$ for embodiment in the first round of participants. Thus, we were able to average both trials in each experimental condition and considered the additional participants together with the earlier ones in a single sample, with two experimental conditions: synchronous and asynchronous.

Participants reported a significantly higher sense of embodiment of the robot arm in the synchronous condition than in the asynchronous condition $\left(F(1,21)=217.13, \mathrm{p}<.001, \eta p^{2}=.91\right)$, which validated the experimental design. To examine the different levels of haptic sensation experienced in each condition, we ran a paired-sample T-test. Participants reported a significantly higher haptic sensation in their fingers and hand (expressed as tickling) in the synchronous condition, compared to the asynchronous condition $\left(F(1,21)=12.22, p=.002, \eta p^{2}=.37\right)$. Of the total sample, $59.1 \%$ of the participants experienced haptic sensation $(>1)$ at least in one of the conditions in which they controlled the robot's arm (synchronous condition). Of the participants that reported the sensation, $46 \%$ reported a medium to very strong haptic sensation ( $\geq 4$ ). Figure 3 represents the haptic sensation experienced by participant through Experiment-1. The additional participants that reported haptic sensation, consistently reported this feeling both in the questionnaire and in the hand painting. Figure 4 shows the pictorial representations drawn by the additional participants that experienced the haptic sensation.


Figure 3 Haptic sensation by participant in the synchronous and asynchronous condition (average) in Experiment-1.

## Experiment-2

Experiment-2 aimed to use our new hand painting measure to investigate the spatial characteristics and intensity of the illusory haptic perception experienced by the subjects. This experiment used a similar design and procedure as Experiment-1 but used only the synchronous condition.

Since we found no differences in intensity of the illusion between left and right hand in the previous experiment, participants completed the experiment only with the left arm (i.e. for being the arm used in the original rubber-hand illusion experiment; Botvinick \& Cohen, 1998) and repeated it twice. In the first trial, after 2 minutes of performing curtain touch (see Object exploration section), and while they were still doing this task and wearing the HMD, participants verbally responded to the short form of the embodiment questionnaire and the haptic feedback question (see Measures section). Following this, the HMD was removed and participants completed the hand painting measure.

Subsequently, the subjects repeated the same procedure for a second time. At the end, they answered demographic questions and also had the opportunity to add any comments they might have and were paid for their participation.

## Results

Table 2 shows mean and SD for embodiment (average of the two trials). A frequency analysis showed that, of 14 participants, eight ( $\sim 57 \%$ of the sample) experienced haptic sensation (reported as tickling) in at least one of the trials. Figure 5 contains all the pictorial representations of the participants that experienced the haptic sensation. Of the participants who reported the sensation, $62.5 \%$ reported a medium to very strong haptic sensation $(\geq 4)$ at least in one of the trials. Figure 6 shows a pictorial display of the localization of the feeling by intensity, as an average across the participants that experienced the haptic sensation. The sensation was localized on both sides of the fingers and hand. Participants reported the strongest sensation on the area of the knuckles and the middle area of the index finger on the back-of-hand side, followed by the superior area of the palm; the middle area of the pinky, ring, and middle finger on the back-of-hand side; the superior area of the index finger also on the back-of-hand side; and the superior area of the pinky finger on the palm side. Participants experienced a mild sensation in the superior area of ring and middle fingers on the back-of-hand side and inferior area of the back of the hand as well as in all fingers on the palm side and the inferior right area of the palm.

Figure 4 Graphical representation of the haptic feedback drawn by the participants for the synchronous condition (top six figures) of Experiment-1. Some participants also reported haptic feedback in the asynchronous condition (bottom three figures).

## Discussion

In our studies, participants embodied in a humanoid robot experienced a haptic illusion, which they reported as perceiving tickling in their fingers and hands when they saw the robot arm touching a curtain. The haptic sensation was reported even though the setup did not include any haptic or pseudohaptic feedback device of any form. The results support embodiment as a modus to enable people to experience haptic sensation resulting from the stimulation of another sensory channel, specifically vision, resulting in a sort of "virtual synesthesia" (Biocca et al., 2001, 2002; Rogowska, 2011). Our results also support findings in neuroscience which suggest that manipulating tactile and visual information can induce referred sensations (Schaefer, Noennig, Heinze, \& Rotte, 2006, see also relevant work of Klatzky \& Lederman, 2011 on the spatial dimensionality and object property perception in touch and vision).

In both our experiments, around $60 \%$ of the subjects experienced the haptic sensation when they touched the curtain through the robot arm. This percentage is similar to that obtained in related experiments with illusions. In particular, Ehrsson (2012) has highlighted that around $30 \%$ of the population does not experience the well-known rubber hand illusion. In our case, of the ones who experienced the

Table 2 Mean (SD) for embodiment, its subcomponents, and haptic sensation, for Experiment-2 (average of the two trials)

| $\mathrm{n}=14$ | Synchronous |
| :--- | :---: |
| Embodiment | $4.81(1.03)$ |
| Ownership | $5.04(1.24)$ |
| Self-location | $4.65(1.61)$ |
| Agency | $5.85(.96)$ |
| Touch | $3.69(1.56)$ |
| Haptic sensation | $1.93(1.17)$ |

illusion, half of the participants in the first experiment and almost two-thirds in the second experiment rated it at least 4 on a 7 -point scale. The hand map that represents the location and intensity of the feeling in the second experiment shows that the strongest sensation on average, was located on and around the knuckles. The humanoid robot used in the experiment did not have fingers (see Fig. 2). Thus, the hand map might indicate that participants identified the end of the robot hand with the area corresponding to the knuckles in a clenched fist. In support of this suggestion, we observed that some participants tended to curl their hands as the experiment proceeded, even though the initial instructions were to keep the hand relaxed and slightly opened.

It is important to remark that we explicitly asked our participants to report tickling only if they experienced a real feeling of tickling, and not as if they felt tickled. We specifically point out this issue because, generally, experiments in body ownership -such as the rubber hand illusion experiments (Botvinick \& Cohen, 1998) - or experiments on Presence in virtual reality - i.e. the feeling of really "being there," in the virtual environment (Lombard \& Ditton, 1997) - normally assess these aspects using as if type questions (e.g. I felt as if the rubber hand was my hand (Botvinick \& Cohen, 1998)), which we also followed to develop our embodiment questionnaire.

Our results demonstrate that nonanthropomorphic humanoid robots, when embodied, are able to induce haptic sensations in real environments. This result agrees with a recent proposal that the functional characteristics of a limb are more important than the physical features for embodiment (Aymerich-Franch \& Ganesh, 2016). The finding is also in line with previous studies that suggest that humans are able to embody avatar bodies that depart from the humanoid form (Ahn et al., 2016; Aymerich-Franch, 2012; Aymerich-Franch et al., 2015, 2016, 2017; Kilteni, Normand, Sanchez-Vives, \& Slater, 2012; Steptoe, et al., 2013; Won, et al., 2015).

There are several limitations in the current study to be addressed in future work. First, behavioral and physiological measures need to be included in future research. Follow-up studies need to look at whether and how the strength of the illusion is affected by behavioral features, such as the type of movement that users make during the experiment. Also, further work is needed to examine whether the sensation of touch differs with the textures and materials of the touched object. The interaction of motion and morphology is another issue that needs to be checked in regard to virtual synesthesia perception. Specifically, we need to examine how the illusion changes with a nonanthropomorphic robot arm controlled by visuo-movement synchronization, compared to a less active, but human-looking robot arm.

In the second experiment, some participants reported that the curtain was not clearly visible (i.e. slightly blurry) and they could not see it properly through the visor. We speculate that this limitation was due to the fact that we positioned the robot closer to the curtain compared to the previous experiment. Thus, while embodiment was equally high in both experiments, the touch illusion might have been

|  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

Figure 5 Graphical representation of the haptic feedback drawn by the subjects in trial 1 (top five figures) and trial 2 (bottom six figures) of Experiment-2.
reduced due to this limitation in our set-up. The quality of the visual feedback, the lack of stereo vision, and the related delays are factors that can be still optimized to possibly further improve the illusion.

The possibility to induce haptic sensations by using humanoid robots promises remote (haptic) sensor-less haptic feedback. Recent studies have shown that tactile feedback is important not just as a sensory modality but also in motor coordination and specifically effort perception (Ganesh, Osu, \& Naito, 2013). Our findings thus have important implications in regard to user experience and task control in virtual reality systems and thought-based teleoperated robots (Petit, Gergondet, Cherubini, \& Kheddar, 2015). We believe that contactless pseudohaptic feedback stemming from the stimulation of other sensory modalities might be an important alternative to the limited haptic displays currently available in these systems. It also highlights the importance of haptics in embodiment science. While there have been significant advances in haptic technology in the last years, the implementation of this sensory modality


Figure 6 Pictorial report of the haptic sensation by subjects in Experiment-2 (average): White areas represent no sensation ( $M<0.1$ ), yellow areas represent a mild sensation ( $M=0.1$ to 0.4 ), orange areas represent a medium sensation $(M=0.5$ to 0.7$)$, and red areas represent a strong sensation $(M \geq 0.8)$.
is still the least developed in embodiment systems (Slater, 2014). While there exist devices which give haptic feedback for specific situations, providing generalized haptics in avatar embodiment might be a highly complex solution (Slater, 2014). Touch illusions might constitute an important alternative to solve this problem.

Finally, how the changing representation of the body in mediated embodiment modifies the self is a highly relevant issue for computer-mediated communication (Biocca, 1997). An important number of works have demonstrated that the visual characteristics of virtual avatars with human appearance are able to influence attitudes and behavior (Aymerich-Franch, Kizilcec, \& Bailenson, 2014; Groom, Bailenson, \& Nass, 2009; Hershfield, et al., 2011; Peck, Seinfeld, Aglioti, \& Slater, 2013; Rosenberg, Baughman, \& Bailenson, 2013; Yee \& Bailenson, 2007). The potential transformations at the cognitive and behavioral level resulting from embodying nonanthropomorphic robot avatars is therefore an important issue that requires further examination.

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## Notes

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## Appendix

## Embodiment questionnaire Experiment-1

It seemed like ... (1- not at all, 7 - very much $)$

1. I was looking directly at my own arm, rather than at a robot's arm (O)
2. The robot's arm began to resemble my real arm (O)
3. The robot's arm belonged to me (O)
4. The robot's arm was my arm (O)
5. The robot's arm was part of my body (O)
6. My arm was in the location where the robot's arm was (L)
7. The robot's arm was in the location where my arm was (L)
8. I moved the robot's arm (A)
9. I was in control of the robot's arm (A)
10. I was responsible for the actions of the robot's arm (A)
11. I could really touch the white sheet ( T )
12. I could feel the touch of the white sheet (T)

Embodiment questionnaire Experiment-2

I feel as if ... (1- not at all, 7-very much)

1. The robot arm belonged to me (O)
2. The robot arm was in the location of my real arm (L)
3. I was responsible for the actions of the robot arm (A)
4. I could really touch the curtain (T)
where " $O$ " are ownership items; " $L$ " are self-location items; " $A$ " are agency items; and " $T$ " are touch items.

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